

I AM...

"The Bread of Life" - John 6:35

God revealed himself to Moses with the statement, "I AM WHO I AM." Jesus revealed his identity with statements about himself beginning with, "I AM." These statements include common metaphors like bread, light, a vine or a shepherd. Each statement reveals an important aspect of who Jesus is. As we study these statements from John's gospel, ask God to reveal to you in a deeper way who Jesus is.

Study Guide – Volume 1

1. What is your favourite kind of bread? Why?

READ John 6:25 - 40

2. That background here is the story of the feeding of the 5000 (John 6:1-15). What did this reveal about Jesus? How did the people respond?
3. Why are the crowds searching for Jesus the next day? How does Jesus answer them? (vs. 25 – 27)
4. How does Jesus' response to their question show the difference between his interests and theirs? (vs. 28, 29)
5. Jesus' miracle reminded the people of the manna God supplied to the people of Israel during their wilderness journey. They ask for a sign from Jesus. What sign does he offer them? (vs. 30 – 33)
6. What claims does Jesus make in vs. 35 – 40? What do these claims emphasize about his being the bread of life? About the will of the Father?

7. How does bread (food) sustain physical life? What parallels do you see to our spiritual life?
8. In vs. 53 – 58 Jesus goes even farther, saying that they need to eat his flesh and drink his blood, that this is real food and drink. What do you think Jesus means? In what sense do we feed on him?
9. At the end of this passage many people were offended and stopped following Jesus. Why was Jesus' teaching hard to accept? (vs. 60 – 66)
10. Contrast Peter's response to that of the people. What had he experienced that others had not? (vs. 67 – 69)
11. What kinds of "junk food" do people feed on today? What do you think Jesus would say to them?
12. In what ways do you "feed on" or draw life from Jesus? What is Jesus teaching you through his statement, "I am the Bread of Life"?

*"Our appetites dictate the direction of our lives—whether it be the cravings of our stomachs, the passionate desire for possessions or power, or the longings of our spirits for God. But for the Christian, the hunger for anything besides God can be an archenemy, while our hunger for God—and Him alone—is the only thing that will bring victory."
John Piper*

Praise and prayer requests...